

第九屆海峽兩岸暨港澳 營養科學大會

The 9th Cross-Strait, Hong Kong - Macau,
Nutrition Conference

14-15 November 2026

China · Hong Kong

Venue: The Hong Kong Polytechnic University

Theme:

**Life-Cycle Nutrition and
Chronic Disease Prevention**

Organiser: Hong Kong Nutrition Association

Co-organiser: Chinese Nutrition Society,

The Hong Kong Polytechnic University,

Macau Nutrition Association,

Nutrition Society of Taiwan

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Since 2008, the Cross-Strait Nutrition Conference (CSNC) has been collaboratively organised by nutrition associations from Mainland China, Hong Kong, Macau, and Taiwan every two years. It has become an important academic exchange platform for nutritionists, dietitians, and related professionals in the region to share experiences and updated research findings. It creates and strengthens cross-boundary cooperation and collaboration.

The CSNC emphasises knowledge exchange in areas such as food nutrition, clinical nutrition, public health, food safety, the management and prevention of chronic diseases, and advancements in nutrition technology. It brings together experts and scholars from nutrition science, food science, and related industries to present updated research findings and participate in academic seminars, research poster exhibitions, and youth forums, creating opportunities for meaningful exchange among attendees.

The CSNC will certainly attract participants, including your potential clientele. We would like to solicit your generous sponsorship, and we sincerely invite your active participation in and contribution to a successful CSNC 2026.



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Conference Organizer:

Organizer: Hong Kong Nutrition Association (HKNA)

Co-organizers: Chinese Nutrition Society, The Hong Kong Polytechnic University, Macau Nutrition Association, Nutrition Society of Taiwan

Conference Organizing Committee:

Chairman: Dr. Terry H Y Ting | President of HKNA

Vice Chairman: Prof. Kevin W H Kwok | Associate Director of the RiFood
Associate Head & Professor of the Dept. of FSN

Prof. Kenneth K H Lo | Vice President of HKNA
Assistant Professor of the Dept. of FSN

Members: Prof. J H Han | Secretary, Chinese Nutrition Society
Prof. S S Lao | President of Macao Nutrition Association
Prof. J C Chao | President of Nutrition Society of Taiwan
Ms Pallas Y P Chau, Ms Karina K Y Cheung, Ms K Y Cheung, Ms Kary I T Lau,
Dr. Leona Y L Leung, Ms Tish T S Liu, Mr M S Ng, Ms Fanny Y F Ng,
Ms Josephine S Y Tam

Academic Committee:

Chairperson: Prof. Y X Yang | President of the Chinese Nutrition Society
President of the FANS

Prof. M S Wong | Director of Research Centre for Chinese
Medicine Innovation

Members: Prof. K Yu Prof. C Y Kwok
Dr. Y L Leung Dr. S F Leung
Dr. K H Lo Dr. Y W Lok
Dr. S W Chan Dr. T S Li
Mr. C L Cheung Prof. Y Z Zhu
Prof C K Cheung

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The 9th Cross-Strait, Hong Kong - Macau, Nutrition Conference

Schedule:

Date: 14-15 November 2026 (Sat-Sun)
- Registration and Academic Conference

Venue: The Hong Kong Polytechnic University
(11 Yuk Choi Road, Hung Hom, Hong Kong)

Accommodation suggestions: Hotel ICON, Harbour Plaza Metropolis

Agenda

14 November 2026

09:00 - 09:30

Opening Ceremony

09:30 - 12:30

Keynote Speeches

12:30 - 14:00

Break

14:00 - 17:00

Parallel Sessions

1. Prevention and Treatment of Sarcopenia and Obesity & Medical Nutrition Therapy in Chronic Disease Management
2. Lifecycle Nutrition: From Pregnancy to Adolescence & Nutrition Policy, Food Safety and Regulations

15 November 2026

09:30 - 12:00

Parallel Sessions : Seminar & Cross-Strait Hong Kong-Macau Young Scientists Symposium

1. Human Gut Microbiota in Health and Disease & Young Scientists Symposium
2. Clinical Nutrition and Geriatric Nutrition & Young Scientists Symposium

12:15 - 12:45

Closing Ceremony

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Conference registration fee:

**Registration is available exclusively online;
on-site registration will not be offered.**

- **Individual:**

HKD \$1050 (payment on or before Sep 14, 2026) ;
HKD \$1750 (payment from Sep 15, 2026 onwards)

- **Team (5 people or more) or HKNA members:**

HKD \$950 / person

- **Full-time student:**

HKD \$850 (with a valid student ID card)

Registration deadline: November 2, 2026

Contact information:

Scientific Conference and Symposium:

Prof. Kenneth K H Lo (vice@hkna.org.hk)

Dr. Leona Y L Leung (internal@hkna.org.hk)

Conference details:

Ms Josephine S Y Tam (education@hkna.org.hk)

Ms Kary I T Lau (treasurer@hkna.org.hk)

Link to abstract
submission platform
and Registration:



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Scientific Abstract Submission

Submission Deadline: 1 August, 2026

Abstract themes: (Select one of the best matched theme)

1. Lifecycle Nutrition: From Pregnancy to Adolescence
2. Clinical Nutrition and Geriatric Nutrition
3. Nutrition Policy, Food Safety and Regulations
4. Prevention and Treatment of Sarcopenia and Obesity
5. Medical Nutrition Therapy in Chronic Disease Management
6. Human Gut Microbiota in Health and Disease & Clinical Nutrition and Geriatric Nutrition

Format:

- Word Limit: No more than 300 words for each submitted abstract
- Languages: English or Chinese
- Structures: Research Purpose, Method, Summary of discussion and conclusion
- Allow a simple table and an infographic for each submitted abstract
- Presentation Style: Oral or Poster presentation
- Each main author is allowed to submit 1 abstract **ONLY**

Originality: Abstracts that have been published, displayed, or publicly presented before the submission deadline are not eligible for submission to CSNC 2026.

- Acceptance notifications will be sent to applicants via email by 5 August.

***Please submit abstract before register*.**

Updates, changes, and more details regarding CSNC and submissions will be announced on www.hkna.org.hk.

Link to abstract submission platform and Registration:

