

## 有「營」小食資料庫 — 提交資料表格

### Database of Prepackaged Snacks - Submission Form

注意事項：	<p>1. 提交的預先包裝小食（包括飲品）必須符合以下要求：</p> <p>a) 屬《學生小食營養指引》中的「適宜選擇」或「限量選擇」的小食；及</p> <p>b) 每獨立包裝的小食含不多於 125 千卡熱量，而飲品方面則不多於 250 毫升；及</p> <p>c) 不含咖啡因或甜味劑。</p> <p>2. 有「營」小食資料庫只會刊出經核實並符合以上要求的小食名單及其資料。資料庫提供的資訊包括產品名稱、成分、包裝分量及營養資料，會一併列出供公眾參考。</p> <p>3. 資料提供者須將小食的包裝及或白底產品照片連同本表格一併提交，而所提供的包裝須清楚顯示上述資料。</p> <p>4. 所有已提交的小食包裝概不發還。</p>
遞交方法：	<p>( 郵遞 ) 香港灣仔軒尼詩道 130 號修頓中心 7 樓，或</p> <p>( 電郵 ) <a href="mailto:eatSMART_school@dh.gov.hk">eatSMART_school@dh.gov.hk</a></p> <p>請於信封面或電郵標題註明「有『營』小食資料庫」</p>
查詢：	<a href="mailto:eatSMART_school@dh.gov.hk">eatSMART_school@dh.gov.hk</a>
Points to note:	<p>1. The submitted prepackaged snacks (including drinks) must meet the following requirements:</p> <p>a) classified as “Snacks of Choice” or “Snacks to Choose in Moderation” in accordance to the “Nutritional Guidelines on Snacks for Students” ; <b>and</b></p> <p>b) each individually packaged food item provides no more than 125kcal of energy, while drink should be 250ml or less in volume; <b>and</b></p> <p>c) do not contain caffeine or sweeteners.</p> <p>2. Database of Prepackaged Snacks would only list out information of those meet the above requirements. Other information including product name, ingredients, packing size and nutrition information would be displayed for public references</p> <p>3. Packing of snacks bearing the above information and/or product photo(s) in white background must be submitted together with this form for consideration.</p> <p>4. All packing of snacks submitted is not returnable.</p>
Methods of Submission:	<p>(By post) 7/F, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong, or</p> <p>(By Email) <a href="mailto:eatSMART_school@dh.gov.hk">eatSMART_school@dh.gov.hk</a></p> <p>Please specify “Database of Prepackaged Snacks” on the envelope cover or Email title column</p>
Enquiry:	<a href="mailto:eatSMART_school@dh.gov.hk">eatSMART_school@dh.gov.hk</a>

### 聯絡資料 Contact Information

請在適當方格內填上「✓」號 Please tick the appropriate box

<input type="checkbox"/> 個人名義 (Individual-based)	姓名 Name: (中文 Chinese)	(英文 English)	
<input type="checkbox"/> 機構名義 (Organisation-based)	機構名稱 Name of Organisation:		
	聯絡人 Contact Person	姓名 Name: (中文 Chinese)	(英文 English)
	職銜 Title:		
電話號碼 Telephone No.:			
傳真號碼 Fax No.:			
電郵 Email Address:			
通訊地址 Correspondence Address:			
收取回覆的途徑 (請選擇其中一項) Mode of Receiving Reply (please choose one) :	<input type="checkbox"/> 電郵 Email	<input type="checkbox"/> 郵遞 Mail	
	<input type="checkbox"/> 傳真 Fax		

現提交以下小食的包裝：

**The packing of the following snacks are submitted for consideration:**

	預先包裝小食名稱 Name of the prepackaged snacks
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

\*如所提供的空間不足，請另加附頁。

Please use separate sheets if the space provided is insufficient.

### **聲明**

本人／吾等明白提供上述資料純屬自願性質，而只有符合要求的預先包裝小食（包括飲品）資料會被上載至「香港營養學會」網站內的有「營」小食資料庫（<https://www.hkna.org.hk>）供家長、學校及公眾人士查閱。資料的真確性一概由本人／吾等負責，並以提交表格當日情況為準。本人／吾等亦會解答有關上述申請的任何查詢。本人／吾等同意如上述資料有任何更改，將盡快通知相關部門（電郵：[eatsmart\\_school@dh.gov.hk](mailto:eatsmart_school@dh.gov.hk)），以確保資訊傳遞無誤。

### **Declaration**

I/We understand that the provision of the information in this exercise is voluntary, and only those snacks (including drinks) met the requirements will be uploaded to Database of Prepackaged Snacks in the website of the Hong Kong Nutrition Association (<https://www.hkna.org.hk>) as a reference for parents, schools and members of the public. I/We shall ensure the validity of information provided and guarantee that information is accurate at the time of this submission. I am/We are willing to answer any enquiries related to this application. I/We agree that if there are any changes concerning the above information, I/we shall promptly notify the related department (Email: [eatsmart\\_school@dh.gov.hk](mailto:eatsmart_school@dh.gov.hk)) to ensure the accuracy of information.

機構蓋印 Organisation Stamp:

(如適用 if applicable)

提交人簽署 Signature:

日期 Date: