

## 有「營」小食資料庫 — 提交資料表格

### Database of Prepackaged Snacks – Submission Form

注意事項：	<ol style="list-style-type: none"> <li>提交的預先包裝小食(包括飲品)必須<b>同時</b>符合以下要求： <ul style="list-style-type: none"> <li>- 屬《學生小食營養指引》(最新版)中的「適宜選擇」或「限量選擇」的小食；及</li> <li>- 每獨立包裝的食品含不多於 125 千卡熱量或飲品不多於 250 毫升；及</li> <li>- 不含咖啡因或甜味劑。</li> </ul> </li> <li>「有『營』小食資料庫」只會刊出經核實並符合以上要求的小食名單及其資料，而資料庫提供的資訊將包括產品名稱、成分、包裝分量、營養成分；代理商、分銷商或製造商的名稱及資料的提交日期亦會一併列出供大眾人士參考。</li> <li>資料提供者須將小食的包裝連同本表格一併提交，而所提供的包裝須清楚顯示上述資料。</li> <li>香港營養學會將於 14 個工作天內就資料提交的結果作出回覆。</li> </ol>
遞交方法：	(郵遞) 香港灣仔軒尼詩道 130 號修頓中心 7 樓，或(電郵) <a href="mailto:info@hkna.org.hk">info@hkna.org.hk</a> 請註明「有『營』小食資料庫」
查詢：	<a href="mailto:info@hkna.org.hk">info@hkna.org.hk</a>
Remarks:	<ol style="list-style-type: none"> <li>The prepackaged snacks (including beverages) must fulfill <b>all</b> requirements listed below: <ul style="list-style-type: none"> <li>- either classifiable as “Snacks of Choice” or “Snacks to Choose in Moderation” according to the “Nutritional Guidelines on Snacks for Students” (the latest version) ; <b>and</b></li> <li>- individually packaged food items provides no more than 125kcal of energy or drinks in 250ml or less; <b>and</b></li> <li>- do not contain caffeine or sweeteners.</li> </ul> </li> <li>“Database of Prepackaged Snacks” would only list out information of those fulfilling above requirements. Other information like product name, ingredient, packing size, nutrition facts as well as information of distributor or manufacturer and date of submission would also be included for public references</li> <li>Packing of snacks bearing the above information must be submitted together with this form for consideration.</li> <li>Hong Kong Nutrition Association will notify the result of submission within 14 working days.</li> </ol>
Submission:	(By post) 7/F, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong, or (by email) <a href="mailto:info@hkna.org.hk">info@hkna.org.hk</a> . Please mark with “Database of Prepackaged Snacks”.
Enquiry:	<a href="mailto:info@hkna.org.hk">info@hkna.org.hk</a>

### 聯絡資料 Contact Information

<input type="checkbox"/> 個人名義 (Individual-based)	名稱 Name: (中文 Chinese) (英文 English)	
<input type="checkbox"/> 機構名義 (Organization-based)	機構名稱 Name of organization:	
	聯絡人 Contact person	名稱 Name: (中文 Chinese) (英文 English)
		職銜 Title:
電話號碼 Telephone no.:		
傳真號碼 Fax no.:		
電郵 Email address:		
通訊地址 Postal address:		
請選擇收取回覆的方法 (擇一) Please select mode to receive reply (choose one) :	<input type="checkbox"/> 電郵 E-mail	<input type="checkbox"/> 郵遞 Mail
	<input type="checkbox"/> 傳真 Fax	

請在適當地方加上✓號 Please put a “✓” at appropriate box

現提交以下小食的包裝：

**The packing of the following snacks are submitted for consideration:**

	預先包裝小食名稱 Name of the prepackaged snacks
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

\* 如提交多於 10 款小食，請以附頁提供小食名稱。

Please use separate sheets if space is insufficient.

### 聲明

本人／吾等明白提供上述資料純屬自願性質，而只有符合本資料庫要求的預先包裝小食(包括飲品)的資料會被上載至「香港營養學會」網站 <http://www.hkna.org.hk> 和「小食紅黃綠」流動應用程式作家長、學校及公眾人士查閱。資料的真確性一概由本人／吾等負責，並以提交表格當日情況為準。本人／吾等亦樂於解答有關上述申請的任何查詢。本人／吾等同意如上述資料有任何更改，將儘快通知香港營養學會(電郵：[info@hkna.org.hk](mailto:info@hkna.org.hk))，以確保信息傳遞無誤。

### Declaration

I/We understand that the provision of the information in this exercise is entirely voluntary, and only those products fulfilling the requirements of this database will be uploaded to the thematic website of the Hong Kong Nutrition Association (<http://www.hkna.org.hk>) and “Snack Check” mobile application for reference by parents, schools and the public. I/We shall be responsible for the accuracy of information provided and guaranteed that information is accurate at the time of this submission. I am/We are willing to answer any enquiries arising from this application. I/We agree that if there are any changes concerning the above information, I shall promptly inform the Hong Kong Nutrition Association (email: [info@hkna.org.hk](mailto:info@hkna.org.hk)) to ensure the conveyance of accurate information.

機構蓋印 Organization Stamp:

(如適用 if applicable)

提交人簽署 Signature:

日期 Date :